

REBOUND GYMNASTICS CLUB

NEWSLETTER

Issue No 10

SUMMER 2008

GREAT NEWS!!

From September 2008 we will be introducing a new training session for our competitive gymnasts on Sunday mornings at the Munrow Centre, Birmingham University. This will mean we can offer 4 sessions a week to the more advanced gymnasts within the club. We will use the opportunity to focus on the more difficult moves using the pitted facilities.

METROPOLITAN COUNTY COMPETITION

The Competition took place at the Munrow Centre on 5 July with gymnasts from Rebound, Chelmsley Wood, Wolverhampton, Flames and Earls Gymnastics Clubs. We had girls entered in Levels 5, 4, 3 and 2 with two of our gymnasts gaining medals

Rebecca Blay pictured with her coach Veronique after getting a bronze medal in Out-of-Age Level 3.



A big smile from Megan Hughes who took bronze in the In-Age Level 5 category.



FUND RAISING

We are very pleased to announce that funding raising activities during the Spring/Summer Term have amounted to over £1,000.00. This is a fantastic achievement in such a short period of time and is a tribute to the loyal support shown by parents, coaches and gymnasts.

Our new **Fund Raising Committee** held its first meeting in July and future events and activities will be published shortly on the **News** page of the website and on the Notice Boards in the gym hall.

COACHING

Anyone interested in knowing a little more about coaching, please feel free to approach a senior member of the coaching staff. BG membership and all coaching courses are paid for by the Club.

We greatly appreciate all the support we receive as the club is run on a voluntary basis.

RECREATIONAL CLASSES

The Club now has over 150 members with an ever increasing demand for places in our Recreational / Starter Classes. It is, therefore, very important that you notify us as soon as possible (either by email or telephone) if your child is likely to miss more than one session. Two or more unauthorised absences will result in a child being removed from the Class Register.

Contact details are available on the website and at the end of this Newsletter.

COMPETITION CLASS

Due to a number of difficulties, we have decided to postpone the Annual Club Championships to **Sunday 7 December**. We will now use the session on Sunday 7 September as a "mock competition" in preparation for the Team Apparatus event the following week.

Forthcoming Competitions

14 September – Team Apparatus Competition
4 & 5 October – Levels 4, 3, 2 & FIG
26 October – Level 5
16 November – Team Championships

